

## POPULATION MIGRATION

### 4.1 Top Cities For Net Move-Ins

Assessing moves in 2023, the *Migration Report*, based on *Migration/Geographic Mobility Data*, by the U.S. Census Bureau ([www.census.gov](http://www.census.gov)), reported cities with the highest net change in migration (i.e., move-ins as a percentage of all moves) as follows:

- Wesley Chapel, FL
- Ocala, FL
- Summerville, SC
- Spring Hill, TN
- New Braunfels, TX
- Frisco, TX
- Myrtle Beach, SC
- Queen Creek, AZ
- Clayton, NC
- St. Augustine, FL
- Orlando, FL
- Los Angeles, CA
- New York, NY
- Tampa, FL
- San Diego, CA

### 4.2 Where Baby Boomers Are Moving

*Where Baby Boomers Are Moving*, published in November 2023 by SmartAsset ([www.smartasset.com](http://www.smartasset.com)), ranked cities by the rate at which people ages 55-to-74 who moved as a percentage of the total population as follows:

1. Clearwater, FL
2. Reno, NV
3. Orlando, FL
4. Cape Coral, FL
5. Billings, MT
6. Surprise, AZ
7. Henderson, NV
8. Mesa, AZ
9. High Point, NC
10. St. Petersburg, FL

11. Scottsdale, AZ
12. Spokane Valley, WA
13. Santa Rosa, CA
14. Renton, WA
15. Savannah, GA

#### 4.3 Where Generation X Is Moving

*Where Gen X Is Moving*, published in November 2023 by SmartAsset, ranked cities by the rate at which people ages 45-to-54 who moved as a percentage of the total population as follows:

1. Surprise, AZ
2. Bend, OR
3. Scottsdale, AZ
4. Orlando, FL
5. Fort Lauderdale, FL
6. St. George, UT
7. Jackson, MS
8. Wichita Falls, TX
9. Hartford, CT
10. Hialeah, FL
11. Vacaville, CA
12. Henderson, NV
13. Colorado Springs, CO
14. Arlington, VA
15. Billings, MT

#### 4.4 Where Millennials Are Moving

*Where Millennials Are Moving*, published in November 2023 by SmartAsset, ranked cities by the rate at which people ages 25-to-44 who moved as a percentage of the total population as follows:

1. Cambridge, MA
2. Santa Clara, CA
3. Seattle, WA
4. Sunnyvale, CA
5. Denver, CO
6. Arlington, VA
7. Bellevue, WA
8. Killeen, TX
9. Austin, TX
10. Sandy Springs, GA
11. Savannah, GA

12. Boulder, CO
13. Alexandria, VA
14. Columbia, SC
15. Washington, DC

#### 4.5 Where Generation Z Is Moving

*Where Gen Z Is Moving*, published in November 2023 by SmartAsset, ranked cities by the rate at which people ages 18-to-24 who moved as a percentage of the total population as follows:

1. Ann Arbor, MI
2. Provo, UT
3. Boulder, CO
4. College Station, TX
5. Athens, GA
6. Tallahassee, FL
7. Berkeley, CA
8. Gainesville, FL
9. Columbia, SC
10. Syracuse, NY
11. Madison, WI
12. Norman, OK
13. Denton, TX
14. Eugene, OR
15. Columbia, MO

#### 4.6 Market Resources

*2024 Migration Report*, Hire A Helper.

([www.hireahelper.com/moving-statistics/migration-report/](http://www.hireahelper.com/moving-statistics/migration-report/))

*American Community Survey*, U.S. Census Bureau.

([www.census.gov/programs-surveys/acs](http://www.census.gov/programs-surveys/acs))

*Current Population Survey*, U.S. Census Bureau.

([www.census.gov/programs-surveys/cps.html](http://www.census.gov/programs-surveys/cps.html))

*Migration/Geographic Mobility Data*, U.S. Census Bureau.

([www.census.gov/topics/population/migration/data.html](http://www.census.gov/topics/population/migration/data.html))

## BEST PLACES TO RETIRE

### 27.1 Best Places To Retire 2023

Annually, Niche ([www.niche.com](http://www.niche.com)) ranks the best places to retire in America based on number of retirees, weather, and access to healthcare and entertainment. The 2023 ranking was as follows:

#### **Cities**

1. Scottsdale, AZ
2. Clearwater, FL
3. Metairie, LA
4. St. Petersburg, FL
5. Fort Lauderdale, FL
6. Paradise, NV
7. The Woodlands, TX
8. Berkeley, CA
9. San Francisco, CA
10. Torrance, CA

The complete ranking is available at [www.niche.com/places-to-live/search/best-cities-to-retire/](http://www.niche.com/places-to-live/search/best-cities-to-retire/).

#### **Counties**

1. Sarasota County, FL
2. Indian River County, FL
3. Pinellas County, FL
4. Highlands County, FL
5. Charlotte County, FL
6. Martin County, FL
7. Sumter County, FL
8. Lee County, FL
9. Brevard County, FL
10. Carteret County, NC

The complete ranking is available at [www.niche.com/places-to-live/search/best-counties-to-retire/](http://www.niche.com/places-to-live/search/best-counties-to-retire/).

Annually since 2010, *Forbes* has compared 800 locales in the U.S. on criteria

including access to healthcare, air quality and climate change, housing costs, and natural hazard risk.

The assessment identified the top 25 cities for retirees in 2023 as follows:

- Annapolis, MD
- Asheville, NC
- Austin, TX
- Bend, OR
- Boise, ID
- Boone, NC
- Boston, MA
- Boulder, CO
- Charleston, SC
- Eugene, OR
- Fayetteville, AR
- Flagstaff, AZ
- Fort Collins, CO
- Hilton Head, SC
- Honolulu, HI
- Iowa City, IA
- Madison, WI
- Pinehurst, NC
- Pittsfield, MA
- Portland, ME
- Santa Fe, NM
- Seattle, WA
- Traverse City, MI
- Tucson, AZ
- Walla Walla, WA

In 2023, Zumper ([www.zumper.com](http://www.zumper.com)) ranked the best places to retire based on housing affordability, healthcare, weather, taxes, transportation, and overall resident satisfaction. The ranking was as follows:

1. Columbus, OH
2. Louisville, KY
3. Spokane, WA
4. Detroit, MI
5. Albuquerque, NM
6. San Antonio, TX
7. Raleigh, NC
8. El Paso, TX
9. Colorado Springs, CO
10. Tallahassee, FL

## 27.2 Retirement Preferences Survey

Annually, *U.S. News & World Report* surveys people age 45 and older about their retirement preferences. The survey analyzes the 125 largest metropolitan areas to assess how well they meet retirement needs and expectations. Top criteria includes the happiness of local residents, housing affordability, tax rates, and healthcare quality.

The Best Places to Retire in 2023-2024 were as follows:

1. Harrisburg, PA
2. Reading, PA
3. Lancaster, PA
4. Scranton, PA
5. Allentown, PA
6. New York, NY

7. York, PA
8. Daytona Beach, FL
9. Youngstown, OH
10. Pittsburgh, PA
11. Ann Arbor, MI
12. Tampa, FL
13. Philadelphia, PA
14. Fort Wayne, IN
15. Manchester, NH
16. Green Bay, WI
17. Winston-Salem, NC
18. Sarasota, FL
19. Toledo, OH
20. Trenton, NJ
21. Rochester, NY
22. Lakeland, FL
23. Melbourne, FL
24. Orlando, FL
25. Raleigh-Durham, NC

The complete list is available at  
<https://realestate.usnews.com/places/rankings/best-places-to-retire>.

### 27.3 Best In Each State

*Kiplinger* selected the best place to retire in each state based on factors important to retirees, including living costs, lifestyle, healthcare, and safety. The list is as follows:

- Huntsville, AL
- Anchorage, AK
- Phoenix, AZ
- Fayetteville, AR
- Carlsbad, CA
- Denver, CA
- Middletown, CT
- Milford, DE
- Cape Coral, FL
- Augusta, GA
- Hilo, HI
- Idaho Falls, ID
- Peoria, IL
- Fort Wayne, IN
- Des Moines, IA
- Manhattan, KS
- Lexington, KY

- Lafayette, LA
- Portland, ME
- Easton, MD
- Pittsfield, MA
- Ann Arbor, MI
- Mankato, MN
- Jackson, MS
- Kansas City, MO
- Bozeman, MT
- Lincoln, NE
- Reno, NV
- Laconia, NH
- Ocean City, NJ
- Albuquerque, NM
- Rochester, NY
- Durham-Chapel Hill, NC
- Fargo, ND
- Columbus, OH
- Oklahoma City, OK
- Corvallis, OR
- Pittsburgh, PA
- Providence, RI
- Charleston, SC
- Sioux Falls, SD
- Knoxville, TN
- Round Rock, TX
- Provo, UT
- Burlington, VT
- Charlottesville, VA
- Richland, WA
- Morgantown, WV
- Green Bay, WI
- Cheyenne, WY

#### 27.4 Best Places For Military Retirees

Sperling's BestPlaces ([www.bestplaces.net](http://www.bestplaces.net)) assessed metropolitan areas that offer the best opportunities for military retirees to start a second career. The study was conducted in conjunction with Military.com, the largest military and veteran membership organization, and USAA ([www.usaa.com](http://www.usaa.com)), a financial services provider.

The study considered factors such as affordability, unemployment rate, prevalence of military skill related jobs, and number of veteran-owned businesses. It also considered the number of federal government jobs, the volume of DoD contracts, the number of small businesses, the proximity of military installations and amenities, presence of VA hospitals,

military pension taxation, presence of colleges and universities, sales tax, climate, and crime rate.

The ranking is as follows:

**Large Metros**

1. Nassau, NY
2. Washington, DC
3. Cambridge, MA
4. Honolulu, HI
5. Bethesda, MD
6. Baltimore, MD
7. Edison, NJ
8. Boston, MA
9. New York, NY
10. Seattle, WA

**Medium Metros**

1. Manchester, NH
2. Anchorage, AK
3. Killeen, TX
4. Huntsville, AL
5. Ann Arbor, MI
6. Rockingham County, NH
7. York, PA
8. Roanoke, VA
9. Topeka, KS
10. Lexington, KY

**Small Metros**

1. Cheyenne, WY
2. La Crosse, WI
3. Rapid City, SD
4. Columbia, MO
5. Lebanon, PA
6. State College, PA
7. Wichita Falls, TX
8. Warner Robins, GA
9. Jefferson City, MO
10. Lawton, OK

## BEST FOR FAMILIES

### 28.1 Best Places To Raise A Family

Annually, Niche ([www.niche.com](http://www.niche.com)) ranks the best places to raise a family based on public schools, crime rates, cost of living, and family-friendly amenities. The assessment is based on data from the Bureau of Labor Statistics ([www.bls.gov](http://www.bls.gov)), Centers for Disease Control and Prevention ([www.cdc.gov](http://www.cdc.gov)), Federal Bureau of Investigation ([www.fbi.gov](http://www.fbi.gov)), U.S. Census Bureau ([www.census.gov](http://www.census.gov)), and other sources.

The best places to raise a family in 2023 were as follows:

1. Devon (suburb of Philadelphia, PA)
2. Chesterbrook (suburb of Philadelphia, PA)
3. Kensington (suburb of New York City, NY)
4. Penn Wynne (suburb of Philadelphia, PA)
5. Syosset (suburb of New York City, NY)
6. Wayland (suburb of Boston, MA)
7. Long Grove (suburb of Chicago, IL)
8. Ardmore (suburb of Philadelphia, PA)
9. Lake Success (suburb of New York City, NY)
10. Princeton Junction, NJ
11. Great Neck Gardens (suburb of New York City, NY)
12. Berwyn (suburb of Philadelphia, PA)
13. Fox Chapel (suburb of Pittsburgh, PA)
14. Jericho (suburb of New York City, NY)
15. East Hills (suburb of New York City, NY)
16. West Newton (neighborhood in Newton, MA)
17. Newton Corner (neighborhood in Newton, MA)
18. Herricks (suburb of New York City, NY)
19. North Redmond (neighborhood in Redmond, WA)
20. Thompsonville (neighborhood in Newton, MA)
21. Kenilworth (suburb of Chicago, IL)
22. Cochituate (suburb of Boston, MA)
23. Plainview (suburb of New York City, NY)
24. Cordaville (suburb of Boston, MA)
25. Clarendon Hills (suburb of Chicago, IL)

The complete ranking is available at [www.niche.com/places-to-live/search/best-places-for-families/](http://www.niche.com/places-to-live/search/best-places-for-families/).

## 28.2 Best Public School Systems

Annually, Niche ranks the places with the best public school systems based on state test scores, graduation rates, SAT/ACT scores, teacher quality, and student and parent reviews.

The best public school systems in 2023 were as follows:

### **Cities**

1. Naperville, IL
2. Ann Arbor, MI
3. Bellevue, WA
4. Irvine, CA
5. Carlsbad, CA
6. The Woodlands, TX
7. Thousand Oaks, CA
8. Plano, TX
9. Overland Park, KS
10. Berkeley, CA

The complete ranking is available at  
[www.niche.com/places-to-live/search/cities-with-the-best-public-schools/](http://www.niche.com/places-to-live/search/cities-with-the-best-public-schools/).

### **Counties**

1. Los Alamos County, NM
2. Oconee County, GA
3. Howard County, MD
4. Marin County, CA
5. DuPage County, IL
6. Forsyth County, GA
7. Hamilton County, IN
8. Montgomery County, MD
9. Westchester County, NY
10. Williamson County, TN

The complete ranking is available at  
[www.niche.com/places-to-live/search/counties-with-the-best-public-schools/](http://www.niche.com/places-to-live/search/counties-with-the-best-public-schools/).

### **Suburbs**

1. Long Grove (suburb of Chicago, IL)
2. Lincolnshire (suburb of Chicago, IL)
3. Syosset (suburb of New York, NY)
4. Woodbury (suburb of New York, NY)
5. Buffalo Grove (suburb of Chicago, IL)
6. Lexington (suburb of Boston, MA)
7. Hinsdale (suburb of Chicago, IL)

8. Clarendon Hills (suburb of Chicago, IL)
9. Rancho Santa Fe (suburb of San Diego, CA)
10. Kenilworth (suburb of Chicago, IL)

The complete ranking is available at  
[www.niche.com/places-to-live/search/suburbs-with-the-best-public-schools/](http://www.niche.com/places-to-live/search/suburbs-with-the-best-public-schools/).

## BEST FOOD CITIES

### 29.1 Best Food Cities 2023-2024

Six organizations and publications have assessed the best food cities in the U.S. for 2023 and 2024. They are as follows:

- *Food & Wine* ([www.foodandwine.com](http://www.foodandwine.com))
- *Travel + Leisure* ([www.travelandleisure.com](http://www.travelandleisure.com))
- *Travel Awaits* ([www.travelawaits.com](http://www.travelawaits.com))
- *U.S. News & World Report* ([www.usnews.com](http://www.usnews.com))
- *WalletHub* ([www.wallethub.com](http://www.wallethub.com))

### 29.2 Assessments

The following is a summary of assessments of the best food cities in 2023-2024:

#### 29.2.1 Food & Wine

A 2023 assessment by *Food & Wine* ranked the Best Cities For Food In The U.S. as follows:

1. New York, NY
2. New Orleans, LA
3. San Francisco, CA
4. Los Angeles, CA
5. Portland, OR
6. Chicago, IL
7. Charleston, SC
8. Miami, FL
9. San Diego, CA
10. Austin, TX

#### 29.2.2 Travel + Leisure

A 2023 assessment by *Travel + Leisure* ranked the Best Food Cities as follows:

1. New York, NY
2. New Orleans, LA
3. Chicago, IL
4. San Francisco, CA
5. Houston, TX

6. Tucson, AZ
7. Cleveland, OH
8. Asheville, NC
9. Louisville, KY
10. Greenville, SC

### 29.2.3 Travel Awaits

In a 2023 survey by *Travel Awaits*, readers voted the Best Food Cities in the United States as follows:

1. New Orleans, LA
2. Boston, MA
3. Kansas City, MO
4. New York, NY
5. Chicago, IL
6. Charleston, SC
7. San Francisco, CA
8. Albuquerque, NM
9. Portland, ME
10. San Antonio, TX
11. Portland, OR
12. Nashville, TN
13. Omaha, NE
14. Seattle/Tacoma, WA
15. Austin, TX

### 29.2.4 U.S. News & World Reports

A 2023 assessment by *U.S. News & World Report* ranked the Best Food Cities as follows:

11. New Orleans, LA
12. New York, NY
13. Chicago, IL
14. Los Angeles, CA
15. San Francisco, CA
16. Philadelphia, PA
17. Las Vegas, NV
18. Houston, TX
19. Portland, ME
20. Austin, TX
21. Honolulu - Oahu, HI
22. Boston, MA
23. Denver, CO
24. Atlanta, GA
25. Louisville, KY

### 29.2.5 WalletHub

A 2023 assessment by WalletHub ([www.wallethub.com](http://www.wallethub.com)) ranked the Best Foodie Cities as follows:

1. Orlando, FL
2. Portland, OR
3. Sacramento, CA
4. Miami, FL
5. San Francisco, CA
6. Tampa, FL
7. San Diego, CA
8. Las Vegas, NV
9. Austin, TX
10. Seattle, WA
11. Denver, CO
12. Atlanta, GA
13. Los Angeles, CA
14. Chicago, IL
15. Richmond, VA